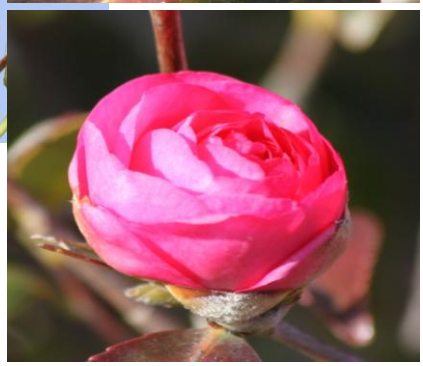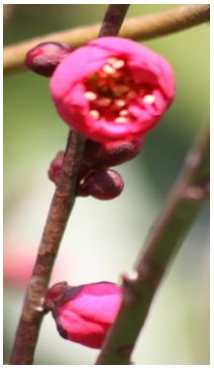牛頸のつぼみ特集　4